



AHEPA

Yankee District News



Publication of District #7 (Connecticut, Rhode Island, and Western Massachusetts)



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Winter 2010



Happy New Year - Χρόνια Πολλά!

AHEPA District #7 Past District Governors Honored at Northeast Regional Banquet



Front row: Anthony Petros, Peter Stamos, John G. Grossomanides, Ernest Pool. George Scarveles, John Louziotis, Nicholas Nikas, and Sperie Perakos Back row: Kip Kyprianou, John Grossomanides, George Rados, and Supreme President Nicholas Karacostas.



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2010—2011**

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**Message from the
Order of AHEPA
District Governor**

Dear Brothers,

First, as we are now in the Holiday season of Thanksgiving and Christmas, let me wish the entire AHEPA Family my sincerest Best Wishes for a Merry Christmas and Happy, Healthy, and Blessed New Year (Xronia Polla). We should remember that all of us have so many things to be thankful for and so many more things we are blessed to have in our lives. The AHEPA year has been a busy one and as your District Governor, I can honestly say I am working full time for our District. It pleases me to say that the first half of our 2010-2011 Ahepa District 7 year has been very successful and eventful. The greatest pleasure has been my visitations to most of our Chapters. I have initiated 20 new members, sworn in new Officers, and shared ideas with Chapters for growing our District in new and reinstated members, promoting Hellenism and fundraising to support scholarships and charities. I am excited that our District has undertaken such an aggressive membership campaign. We have new members in Norwalk (3), Bridgeport (7), New Britain (1), and Hartford (6). It is our goal for the District to have 800 members which is only three dozen more than we had last year. District 7 had a successful Fall Conference with a full agenda and with 9 of 14 Chapters attending, see more Conference details on the District website.

On October 29th, I was honored to attend the Ahepa Chapter #250 Phase V Housing Dedication and Ribbon Cutting which took place in Niantic, CT. On November 20th the Hellenic History Tournament completed it's 2nd successful competition with the Stamford team winning first place and the Hartford team second. This year's HHT included teams from New York and New Jersey, with hopes to expand the Tournament next year to include Massachusetts.

The highlight of the year to date was "OUR" District 7 hosting the first National AHEPA event since the 1939 Supreme Convention. We celebrated a very successful Northeast Regional Ahepa Biennial Banquet at the St. Barbara Greek Orthodox Church's new hall thanks especially to the efforts of our Supreme Vice President John Grossomanides, Gregory Stamos, PSG George Scarveles, and the New Haven Chapter 98. To have the ENTIRE Supreme Lodge, all the AHEPA Board of Directors, the National Supreme President

Upcoming Events

**Greek Independence Day
Parade**

Sunday, March 27, 2011
5th Avenue
New York City, NY
12: 30PM

**AHEPA District #7
Spring Conference**

Saturday, April 9, 2011
Harford #58 AHEPA Sr Housing
Hartford, CT
10AM

**New England Regional
Convention XI**

May 20-22, 2011
Best Western—Mainstay
Newport, Rhode Island

of the Sons of Pericles, five Distinguished Honorees, Past Supreme Presidents James Scofield and Frank Manios came to our District which made it a special evening for our District. I am pleased to say we had representatives from 10 of 14 chapters present for the event (Norwich, New London, Stamford, Hartford, Danbury, Waterbury, Meriden, New Britain, Bridgeport, and New Haven).

In August, the Daughters of Penelope sponsored the District Scholarship Dinner in Waterbury. This successful event saw District 7 give out 15 scholarships and the event generated a surplus of \$1,200 that will be offered as an additional District scholarship in 2011. Thank you Daughters!!!

We will be starting the second half of our Ahepa year reenergized following the Holidays to pursue the Ahepa missions of promoting Hellenism, philanthropy, civic responsibilities and growing our Chapter memberships. The key word for the 2nd half will be "together". Together we need to set goals, establish plans to reach those goals and finally, implement the plans. I look forward to visiting and revisiting our Chapters in hopes of sharing ideas and recommendations for growing and strengthening our District and achieving our goals. Fraternally,

Emmanuel (Mo)

Emmanuel D. Moshovos (Mo)
District Governor



Message from the Daughters of Penelope District Governor

HAPPY NEW YEAR TO ALL!!!!

It is the season of family gatherings and the means of sharing, giving and keeping in touch. Reach out to the many friendships you have made in our organization and remember them with a card, phone call or email!!!!

Our District has started this year off on a "big" note. We held a very successful Fall Conference in New Britain, CT. We were honored to have our Grand President Christine Constantine, Vernon Hills, IL, Grand Vice President Nicky Stamoulis, Seminole, FL and Grand Treasurer Anna –Helene Panagakos, Brooklyn, NY in attendance. On behalf of the District, I thank each for traveling to our District to visit us. We were honored to have ALL of them. There were 31 Sisters in attendance and for the first time in many years, we had Sisters from every Chapter.....Bravo!!!! I would like to "Thank" New Britain for hosting the Conference, which was enjoyed by all!!!!

We must continue to build up our District. Congratulations to our Bridgeport Chapter on the initiation many new sisters, keep up the fantastic job ladies. Remember the words of our GVP, "We Can Choose Our Legacy...Our History...Our Impact...Our Future. We are the "Heartbeat" of the Daughters of Penelope. We need to continue with the dedication of time and energy to our existing programs". I hope that I hear about new members in EVERY Chapter and that we continue to move forward in our District. Remembering, you are the "Heartbeat of the Daughters of Penelope".

I would like to Congratulate Supreme Vice President Dr. John Grossomanides and his committee on hosting the Ahepa Northeast Regional Biennial Banquet in Orange, CT on November 20, 2010. Many of our Sisters along with four members of our District Lodge were in attendance. It has been years since our District hosted this event. I look forward to many more in the future.

I have started my visitations to the different Chapters in our District. I enjoyed a great dinner and

exciting meeting with initiation in Bridgeport, CT. I look forward in visiting all our Chapters.

Dates to Remember:

April 9, 2011-.Ahepa Family Spring Conference Hartford, CT
May 20-22, 2011- New England Regional Convention XI in Newport, RI
June 21, 2011-Ahepa Family Night at the Rock Cats, New Britain, CT
Yours in Theta Pi,

Lucia (Loukia)

Lucia (Loukia) Kazakos
District Governor

AHEPA Chapter #58 Nathan Hale Chapter Hartford, CT

Greetings from Hartford – Nathan Hale Chapter 58. The new year started on September 7th with the AHEPA Family Picnic hosted by Nathan Hale 58 & DOP Thoas 198. Members and guests enjoyed a stunning abundance of hot dogs, hamburgers, soda, beer, salad and desserts prepared by Brother Angelo Giannakopoulos assisted by his committee: Loukia Kazakos DG, Jerry Panagakis, Chris Merisotis, Dennis Calfous and other members of the chapters. It was a great gathering for friends, children and grand-children of the membership. The picnic was in lieu of a chapter meeting. A special thank you for attending Bro John Grossomanides, Supreme Vice President and a delegation from Rose of New England Chapter 110; District Governor Mo Moshovos

The Executives board continues to be every third Wednesday of the month planning the operations of the chapter. The harmonious group of Brothers make the plans for the social and goals of the chapter.

During the Chapter meeting, invited guest speaker Brother Professor and State Representative Demetrios Gianaros spoke to the DOP and the AHEPA about the economies of Greece and how it affects us in the United States. Interesting comments stirred the listeners and prompted many questions after the presentation- We Thank Brother Demetrios. During the "Good of the Order" the monthly free raffle of \$10.00/month was won by Brother Gus Christy. Refreshments at meetings end was offered by the Thoas Chapter #198-DOP.

AHEPA Fall Conference was held in New Britain by hosted by chapter #117—36 AHEPANs attended on October 30. President John Melonopoulos; Governors

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Jerry Pangakis and Jerry Copsinis represented the Hartford Chapter at the meeting.

Chapter Activities, on November 11th, we had a lecture on the History and Current Situation of the Ecumenical Patriarchate, Sponsored by AHEPA Family- Thoas 198 & Nathan Hale 58. On December 7th, we held a Initiation and Chapter Christmas Party. On December, 28th we held an American Red Cross Drive sponsored by our chapter.



AHEPA Chapter #250 Winthrop New London, CT

We are very excited to have held the ribbon cutting and dedication of our AHEPA 250 Phase V Apartments on



Friday, October 29, 2010 in Niantic, CT. The dedication program included: District Governor Emmanuel Moshovos, Winthrop 250 President Demetri Tasoulas, Selectwoman Town of East Lyme— Rose Ann Hardy, State Senator – Andrea Stillman, State Representative—Ed Jutila, HUD Consultant—Elmer Smith, President AHEPA Management Co.—Paul Hulse, Supreme Vice President—Dr. John Grossomanides, and CEO of AHEPA Management Co.— Art Poly. The new complex was blessed by His Eminence Metropolitan Archbishop Methodios, assisted by Father Dean Panagos and Father Charles Simmones. The AHEPA 250 development team includes Architect— Peter Argiros, Elmer Smith, Legal Counsel— Nick Pindiris, and Contractor—Haynes Construction. AHEPA 250 Board of Directors— Terry Mitchell, Demetri Tasoulas, David Martin, William O'Donnell, Emily Mitchell, Helen Milaras, George Mitchell, Esther Mitchell, Demetri Orphanides, Nick Kalan and Anthony Petros.



Above Ribbon Cutting (L-R): Pete Pantellis, Art Poly, Nick Kallan, Fr. Charles, SVP-John Grossomanides, Metropolitan Methodios, Terry Mitchell, Demetri Tasoulas, DG Emmanuel Moshovos, and Fr. Dean Panagos

2010 AHEPA Fall Conference Report New Britain, CT

On Saturday, October 30, 2010 The Order of AHEPA and Daughters of Penelope held their Annual Fall Conference. Several National Officers were in attendance: Supreme Vice President Dr. John Grossomanides, Grand President Christine K. Constantine, Grand Vice President/Liaison Nicky Stamoulis, and Grand Treasurer Anna-Helene Panagakos.

The AHEPA had nine chapters present: Hartford, New Britain, Norwich, Bridgeport, New Haven, Stamford, Newport, Meriden, and Waterbury were all present.

District Governor Moshovos spoke on a variety of topics: Journey to Greece, AHEPAcademy, Cyprus Affairs, and the Hellenic Caucus. Mr. Moshovos announced that Connecticut has a new member of the Hellenic Caucus—Congressman John Larson. Mr. Larson becomes the fourth Connecticut Congressional Representative to join the Hellenic Caucus. He joins Jim Himes, Rose DeLauro, and Christopher Murphy. We are proud to have accomplished the addition of four members in the last 18 months.

Supreme Vice President Grossomanides spoke about membership and the upcoming Northeast Regional Banquet in New Haven.



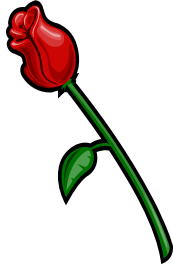
Bridgeport DOP with Grand President Constantine and GVP Nicky Stamoulis at the Fall Conference in New Britain, CT



District Governor Emmanuel Moshovos addresses the audience at the Fall Conference as Grand Lodge members listen

AHEPA Chapter #110 Rose of New England Norwich, CT

The Rose of New England Chapter #110 continues to be active in our Community. We sponsored a Family Picnic for all AHEPANS and families of the community on September 26, 2010 at Mohegan Park. A fun time was had by all. Cleon George and John John took home the horseshoe competition once again. On November 15, the chapter held a Thanksgiving Dinner for all the residents of the AHEPA 110 Senior Housing for all three apartment buildings.



The Chapter was proud to send five representatives to the District #7 Fall Conference in New Britain: George Grossomanides, Tony Petros, John Louziotis, John G. Grossomanides, and Dr. John Grossomanides. Also, the Chapter was excited to send three tables of Chapter members to the AHEPA Northeast Regional Banquet in New Haven at St. Barbara's Church.

The Chapter continues to grow in Membership initiated four new members: Jeffrey Trantalos, Jim Steinmuller, Robert Polans, and Jim Eleftherion. Also, the Chapter Reinstated three members: Costas Grossomanides, Steve Grossomanides Jr., and Andrew Pappas.

Last year we finished the year with 103 members, this year we hope to reach 110 member equaling our Chapter Number.

At our September Chapter meeting Brother Cleon George was presented a 45 year pin and Brother John John was presented a 25 year pin. Thank you to Brothers George Maistrelis, Ernie Pool, and Demo Angelopoulos for Chairing our AHEPA Family Picnic at Mohegan Park in Norwich in September. Approximately, 80 people enjoyed a wonderful day of sun and fun.

The Chapter was also proud to make donations to the Holy Trinity Greek Orthodox Church Festival, the Yankee News as a Sponsor, and the Northeast Regional Advertising Album.

HAPPY NEW YEAR

Norwich AHEPA Chapter News



Brother George Grossomanides and John G. Grossomanides present a 45 year pin to Brother Cleon George



Brother John G. Grossomanides & George Grossomanides present 25 year pin to Brother John John



Norwich Chapter #110 Softball Team Reunion



L-R: Br. John G. Grossomanides, Dist. Gov. Mo Moshovos, Peter Patsouris, initiate Jim Eleftherion, with PDG Tony Petros as Capt of the Guard



1990 AHEPA National Softball Champions: Norwich Chapter #110: kneeling, Peter Trantalos Jr., Tim Milton, Dean Sfikas, Joe Manfredi, Ken Armstrong. Standing: Chuck Kostelos, Bob Maloff, Dennis Daniska, George Maistrelis, Scott Davis, Demo Angelopoulos, Tom Ververis, Sean Ryan, and Ted Daniska.

District 7 Sons and Maids in Action

Waterbury ,CT Sons and Maids

WATERBURY SONS GIVE BACK TO ST. BASIL. The Waterbury Sons of Pericles Chapter Solon 61 made a charitable donation of BIC school supplies and stationery products to St. Basil Academy in October 2010. St.



Basil Academy is a college preparatory school in Garrison, NY that aims to deliver a unique

educational experience to students of Greek descent and/or Orthodox faith. The Waterbury Sons have been closely associated with fellow Sons and Maids who attended St. Basil over the years, and are proud to be able to help their academic progress in some small way.



Waterbury, CT- Rev. Steven Natsis, Bishop Andonios, Rev. Deacon W. Demetri Belsito, Daughters of Penelope District #7 Secretary Anastasia Persico, and Supreme Vice President Dr. John Grossomanides at the Ordination Ceremony of Deacon Demetri

NEW LEGISLATION CHANGES TO GIVE THE AHEPA FAMILY A MEMBERSHIP BOOST

The Sons of Pericles have hit the ground running this year following the 88th Annual AHEPA Supreme Convention in Montreal, Canada. Coming off an amazing year for membership in which total paid members doubled, the Sons of Pericles expect to continue their growth in 2010-2011 by implementing new legislation that was sponsored by National Sons Advisor Chris Economides of Charlotte, NC and passed at the AHEPA Supreme Convention. It is very important for all AHEPA Family Members in District 7 to know about the change, because they affect not only the potential growth of the Sons of Pericles, but also the growth of the Order of AHEPA. The new legislation is as follows:



New and existing members of the Sons of Pericles between the ages of 18 to 27 will pay \$40 dues for dual membership into both the Sons of Pericles and Order of AHEPA. Additionally, the Sons of

Pericles will waive dues for all new members between the ages of 14 to 17.

What we hope to accomplish with this new legislation is to increase the total membership of both the Sons of Pericles and Order of AHEPA. With this knowledge, we hope that those of you reading today will adopt this new legislation and think about it each time you see a young Hellene or Philhellene in your communities. Approach these individuals and ask them if they would be interested in joining the fraternal Order of the Sons of Pericles.

Your participation is vital to the continued growth of the AHEPA Family, and the Supreme Lodge of the Sons of Pericles would be happy to help you start a local chapter. Should you need help in either recruiting members or reactivating a chapter, please contact the Sons of Pericles District 7 Liaison and the Supreme Vice President of the Sons of Pericles, Manolis Sfinarolakis by the following means: Phone: 203-232-2462 or: m.sfinarolakis@sonsofpericles.com



Tà vèa

Congratulations to Brother AHEPAN **Rev. Deacon Demetri Belsito!! Axios!!** Who was ordained in to the Holy Diaconate at the Holy Trinity Greek Orthodox Church in Waterbury, CT on October 3, 2010. Deacon Demetri attended the Holy Cross Greek Orthodox Church School of Theology In Brookline, MA where he completed the Permanent Diaconate Program in 2009. He is the host of a bi-monthly Orthodox Christian Talk Show on Skye Cable XIII on Comcast Channel 13.

Rev. Deacon Demetri is married to Eunice L. (Pereira) Belsito for nine years. He was ordained by His Grace Bishop Andonios of Phasiane. Following the Ceremony and Liturgy, the Waterbury Community hosted a luncheon to honor Rev. Deacon Demetri.

**Save the Date!!
New England
Regional
Convention XI
May 20-22, 2011
Newport, Rhode Island**

District #7 Convention Norwalk, Connecticut May 22, 2010



Nick Nikas (R) Presents Nik Mathews with the 2010 AHEPA District #7 AHEPAN of the Year Award

Nick Nikas presents 2010 Chapter of the Year Award to Norwich Chapter #110—Past District Governor Ernie Pool accepts on behalf of the Chapter



2010 District #7 Hellene of the Year—
Senator Louis Raptakis



Dr. Arthur Kiratsous,
President of the Stamford Chapter #99 and his wife enjoying the cocktail hour.



Past District Governors (L-R)
Ernie Pool of Norwich, CT and
George Scarveles of New Haven,
CT

Save the Date **AHEPA District #7** **Spring Conference**

Date: **Saturday, April 9, 2011**
Place: **Nathan Hale Sr. Housing
Hartford, CT**
Time: **10:00AM-1:00PM**



Supreme Governor Kip Kyprianou, Dist. Treasurer John G. Grossomanides,
District Lt. Governor Jack Isaac, District Governor Emmanuel Moshovos,
and Supreme Vice President John Grossomanides

AHEPA Northeast Regional Banquet — November 20, 2010



Keynote Speaker Supreme President Nicholas Karacostas addresses a sold out audience at St. Barbara's Church



Northeast Regional Banquet Chair Supreme Vice President Dr. John Grossomanides Welcomes the many dignitaries, Supreme Lodge, AHEPA family members, and guests.



72 Year Member Br. Alex Vlantes of Bridgeport is presented a Certificate of Achievement for his years of service to the Order by Supreme President Nick Karacostas and SVP John Grossomanides



Connecticut State Representative Chris Coutu presents Supreme President Nick Karacostas a Proclamation from Connecticut Governor Jodi Rell



Master of Ceremonies John Grossomanides with Honorees: George Behrakis, Judge Socrates Mihalakos, Dr. John Elefthiriades and Supreme President Nicholas Karacostas



Supreme President Karacostas presents the 2010 Iakovos Award to Mr. George Behrakis



Dr. John Elefthiriades is presented the AHEPA Achievement of Medicine Award by SP Nick Karacostas, with PSG George Scarveles (L) and Supreme Vice President John Grossomanides



Supreme President Nick Karacostas presents John Grossomanides a Past District #7 Governor Favor.



L-R: Chair of the Board of Directors Frank Manios, Judge Socrates Mihalakos, Supreme President Nicholas, and Supreme Vice President John Grossomanides

Thank you New Haven #98

AHEPA Northeast Regional Banquet — November 20, 2010



Stella Condaris and guests from Waterbury, CT



L-R: Supreme Vice President of the Sons of Pericles Manolis Sfinarolakis, with Michele Louka and Katerina Mouzas of Waterbury, CT



Past District Governors (L-R) Ernest Pool and Anthony Petros of Norwich, CT #110



Dick Pecka, Steve Gagag, and Chapter President Paul Velezis of Waterbury Chapter #48.



Dr. Katherine Schwab of Fairfield University, with Myrsini Papoutsis, Penny Pecka and Dick Pecka of Waterbury



Judge Soc Mihalakos with his wife, Joan and their granddaughter.



The Wyland family (Elizabeth, Christina, Larry, Toula, Katherine) and Ginny Argiros of Norwich, CT



Past Supreme President James Scofield, Celia Grossomanides, Stella Panagakos, SP Nick Karacostas, Jim Panagakos, Peter Argiros, and standing Ginny Argiros

Thank You District #7

Hellenic History Trophy - November, 20, 2010– New Haven, CT



Winning team Stamford (Byzantine Beasts) after their win. (L-R): Nicholas Nikas, HHT Chairman; Stephanie Adams; Alexandra Glenges; John Crist; Joe Keane, Chairman of AHEPA's Hellenic Cultural Commission.

2nd place Hartford team (L-R) Jordan Augustinos, Elias Kapetanopoulos, Alexandra Walsh, with Chairman Joe Keane



Ernie Pool and Jim Cocolis holding the Hellenic History Tournament Trophy–
Congratulations Stamford!!



Supreme President Nicholas Karacostas welcomes and addresses the audience at the 2nd Annual Hellenic History Trophy Tournament



Nick Nikas HHT Master of Ceremonies and Chairman

Hellenic Affairs

WHY THEY SAID NO

By N.J. Slabbert

Too often we see the past as a mass of facts alone, without recalling the reasons. We acknowledge that this was done then. That historians have confirmed such and such statistics. But while concrete facts are an essential part of history, they are never the whole of it. The story is always bigger than the What. It is also the How and, hardest of all to pin down, the

Why. Why did the Greeks say No to Mus-solini? They said No because behind the No was so many a Yes. They said No because they did not see why the Duce and his shrieking cohort, Hitler, should own the future. And yes, it mattered. They said No because someone had to draw a line as two bullies ram-paged over Europe. And yes, it mat-tered. They said No because they were tired of being underestimated. They said No even though they well knew the darkness that their defi-ance would bring them. Not because they bore ill will to any man or woman in Italy or Germany, nor to their sons and daughters, nor to those of any other people, but be-cause, despite the eons that had passed since the days of their ances-tors, they were, after all, still the heirs of the founders of Western civi-lization. No one could take that away from them. And yes, it mat-tered. Because if they forgot what they stood for, and what they had inherited, and who they were, then tomorrow was lost, and life itself was lost – not merely the life of one man or woman, but life in the large, as the principle of all that was hopeful and generous and humane in the universe. In this principle they be-lieved. And yes, it mattered. To this principle, above all else, they said thunderingly, resoundingly, irrefuta-bly: Yes. So let the mailed fist come, they said. Let it do its dam-ndest, they said Because, after all, they were the Greeks.

The above extract is from the forthcoming book *"The Sword of Zeus: The Hidden Story of how Greece shaped WWII"* by N.J. Slabbert.

Οχι

Byzantium's Reflections and Remembrance Un-divulged Female's Musical Compositions

By Yianni A. Dionisopoulos

The Byzantine empire existed for more than a thousand years in the 4th Century, until its fall in May 14, 1453. Agia Sofia, the power of faith, the heavenly gift of forgiveness, and the promise of everlasting rights, the live stories of Christian believe and devotion. The world's most precious city, for more than a millennium, it was the heart of Christo-dome, the sea of an empire across the middle east and over the coast of East Africa. The fall of this extraordinary distin-guished empire left an incurable stigma, in the hearts and minds of all Christians worldwide. Today is called Istanbul and the monument



Agia Sofia. Constantinople was founded at 660BC as a Greek colony named Zan-tium. In 330AD, Emperor Constantine named the city Constantinople and es-tablished as a new capital of the Roman Empire.

During that time, Byzantine women, composed and wrote many liturgical out-standing compositions in the Byzantine musical style. But the Byzantine female Hymnographer became extremely difficult to be discovered in comparing with her western counterpart due to the fact that men dominated all aspects of reli-gious, political, and social philosophies. Women composers of medieval byzan-tine chant were excluded from publica-tions being categorized as "Hetairai". In ancient Greece, especially when partici-pated alongside men, in song, dance, and instrumental performance. The fe-male talent became intellectually and spiritually inferior to men. On the con-trary, however, mail Byzantine hymno-graphers such as Romanos Melodos and John Demaskos traditionally wrote both words and music. Whether women com-posed their own music or employed con-trafacta (preexisting music) is a point for debate. Theodosia, a devout, also of a convent near the imperial City of Con-stantinople, she is known for her compo-sitions of Canons of the Ecclesiastic Odes: Kouvouclisena, the Daughter of Ioannis Cladas and later Paleologina, the well educated aristocratic woman from

the imperial family around the 14th – 15th Century Thecia, the 9th Century Abbess of a nunnery in Argos. All these uncelebrated hymnographers and dozens more wrote many many compositions but never became public though remained unwhisperable in their crypt. However, a most promi-nent woman composer and hymnogra-pher who has overshadowed the fame of other women composers of the Em-pire is Kassiane. Born and raised in Constantinople around 810AD from an aristocratic educated family and pass-ing away between 843-867AD. As a gift, poet Kassiane wrote 260 secular verses which only 50 Liturgical chants are attributed to her name Kassiane's Troparion "Kirie e en polles amarties" remains the most famous musical masterpiece being used today at the end of Vespers on Holy Tuesday. So women unable to compete with men, in public affairs were measured by the standard Byzantine phrase- "Women are always under the head of the man" Mr. Dionisopoulos is the organist at the Holy Trinity Greek Orthodox Church of Nor-wich, CT and a member of the National Fo-rum of Greek Orthodox Musicians.

Bibliography:

1. The Traditional Role of Greek Women in Music
2. Medieval Women Composers in Byzantium and the West

WHY PEOPLE SHOULD JOIN AHEPA

1. Together we can achieve more.
2. AHEPA would be stronger if it had 100,000 members.
3. AHEPA supports and protects the interests of the Greek community.
4. AHEPA has a great Scholarship Program and educates thousands of Young Adults.
5. We all should give back to our communities, Civic Responsibility.
6. Hellenism is an important cause.
7. I like the idea of a club with members of Hellenic descent and Philhellenes.
8. The Conventions are fun: Greek Spring Break.

Bridgeport Daughter of Penelope and AHEPA News

Daughters of Penelope, Hermes Chapter #41 Bridgeport, CT

By Helen Yeotsas

The Daughters of Bridgeport "Hermes" Chapter 41 have much to report again! We enjoyed having our District Lodge officers; Loukia Kazakos and Anastasia Persico visit us for our October dinner meeting, which included the initiation of 6 new sisters to our group, and one reinstatement! As of this writing we are at ten new sisters so far this year! In October seven of our sisters attended the District Conference in New Britain and enjoyed the wonderful sharing of information and fellowship there. It was truly an honor to have three members of our Supreme Lodge with us, including our Supreme President Christine Constantine. Several members of the Bridgeport Daughters also attended the National Biennial Event in Orange, another huge event for our District! Wonderful job to all of those involved in organizing that event. For Founder's Day we sponsored a reception after services at our church, and made a small presentation to the community. We also drew our Turkey Raffle winners in November. Here is a snapshot of our activities on December 1st we traveled to see the "Gifts of Greece" with the AHEPA, at Fairfield University Bellarmine Museum. On Dec 6th we had a Wreath Sale pick up. On December 9th, we had our Christmas Dinner Party with AHEPA. Also, we are doing our Food baskets project, last year we prepared 12 baskets, this year we hope to prepare even more for the needy in our community. Our "Let's Keep Them Warm" drive is in full swing! Drop boxes have been placed in 11 locations! We hope to keep many more people warm this winter, In January, we are Continuing our "Warm" drive throughout the month, distributing items to Shelters, Crisis and Recovery centers, Schools, Hospitals, Soup Kitchens and more! On January 19th, we have our Regular meeting, on February 6th we have our "Chicken Souvlaki" Luncheon. We look forward to Spring and more events to come!



(L to R): Helen Yeotsas, Barbara Tsoupas, Christina Tsocanos, Loukia Kazakos, Marina Silvestros, Anastasia Persico, Liz Wingo (seated), Mary Huminski, Joan Bakes, Effie Vlamis, Stella Capiris



(L to R): Marina Silvestros, Pauline Halkias, Barbara Tsoupas, Carlie Centrella assist the Bridgeport Chapter with our "Let's Keep Them Warm" drive project



AHEPA Bridgeport Chapter #62 New initiates: Seated (L-R) Vice President Jim Yeotsas, President John Bochanis, Supreme Governor Kip Kyprianou, District Governor Mo Moshovos, and District Lt. Governor Jack Isaac. Standing (L-R): Dimitrios Alatakis, Tom Achilles, Argiris Karagiannis, Leo Pertesis, Tom Trigonis, AJ Metsopoulos, Peter Angelopoulos.



American Hellenic Educational Progressive Association

AHEPA District Seven

Scholarship Award Application for 2011

ELIGIBILITY

Applicant must be currently attending college or postgraduate school and plans to enroll as a full-time matriculated student in the next academic year.

The applicant must satisfy **one** of the following:

The applicant is a member of an AHEPA family organization of District Seven or The applicant is a child of a member of an AHEPA family organization of District Seven. Both **MUST** be in good standing (paid per capita) Nationally and in the District.

In addition, the applicant must satisfy all of the following:

The applicant or the parent of the applicant must complete one year/12 months of membership in an AHEPA family organization prior to the deadline of this application.

Applicant must have at least a 2.5 GPA.

The application portion of the Verification of Eligibility form, below, must be completed and signed by the Chapter President.

Applicants may re-apply if they continue to meet the requirements *and* have not received three previous grants from the Yankee District #7 Scholarship Foundation.

AWARDS

Scholarships will be awarded at a special AHEPA District Seven event . Recipients will be notified and be invited as honored guests of the District at the event. Award winner or parent/guardian should attend to receive award. If award winner cannot attend, the committee must be contacted prior to the award ceremony.

FILING

All information requested must be submitted for the application to be considered complete. **Incomplete applications will not be officially accepted and filed.**

Only information requested herein will be evaluated. Letters of recommendations and testimonials are not required. Awards are given primarily on the basis of academic achievement, community service.

All materials requested must be submitted to the Scholarship Committee Chairman, by the deadline.

All materials submitted will be held in strict confidence and are not returnable.

The following materials must be submitted:

This application, filled out, typed or legibly printed in its entirety.

An **official** transcript from the most recently attended academic institution. Official transcripts must be received directly from the academic institution.

A certificate of enrollment or admission letter from the academic institution you are planning to attend.

On a separate sheet of paper submit a typed essay of at least seven hundred (700) words and no more than on one thousand (1,000) words. Choose one topic from those listed in section five (5) of the application.

The completed scholarship application must be postmarked or handed to the Scholarship Committee Chairman by **April 15, 2011**.

The completed application package can be mailed to:

Dr. Joanne Hologgitas, PGP
District #7 Scholarship Chairperson
448 Broadway
Newport, RI 02840

CONFIDENTIALITY

All the information reported on the scholarship application will be kept strictly confidential. Only the scholarship selection committee will review the information within the application. Applications are evaluated anonymously.

PERSONAL DATA

NAME	
PERMANENT ADDRESS	_____
TEMPORARY ADDRESS	_____
TELEPHONE and E-MAIL	_____

2. VERIFICATION OF ELIGIBILITY

I hereby certify that _____ (list applicant's parent or applicant) is a paid-up member in good standing of Chapter _____, for one year prior to the deadline of this application, located in the town of _____ in the state of _____.

Signed _____ Date _____
(Chapter President) Chapter Number

3. EDUCATIONAL DATA

SCHOOL MOST RECENTLY ATTENDED

NAME OF SCHOOL	CITY & STATE	DATES ATTENDED	DEGREE AWARDED	YEAR COMPLETED

NAME OF COLLEGE/UNIVERSITY YOU WILL BE ATTENDING: _____.

4. LIST ACTIVITIES, ACCOMPLISHMENTS, COMMUNITY INVOLVEMENT, SERVICE, CLUBS, AND ORGANIZATIONS YOU BELONG TO:

<u>FROM - TO</u>	<u>DESCRIPTION</u>

(Attach additional pages as required)

5. ESSAY

On a separate sheet of paper submit a typed essay of at least seven hundred (700) words on one of the topics below. The essay should not exceed one thousand (1,000) words.

- A. Why I want to become or already am a member of the Order of AHEPA or Daughters of Penelope.
- B. How I have benefited from my Hellenic heritage, what I plan to do to return the favor.

6. HARDSHIP (OPTIONAL)

Are there any family hardship circumstances you would like the committee to consider? (Attach additional pages as required)

7. ENDORSEMENT

I hereby certify that the information furnished in this application and the accompanying documents is true and correct to the best of my knowledge. I understand that making false statements will result in having my application rejected. The scholarship committee reserves the right to request additional documentation in support of my statements herein.

Applicant's Signature _____ Date _____

REMEMBER! ENSURING ALL MATERIALS REQUIRED ARE POSTMARKED BY THE DEADLINE IS SOLELY THE RESPONSIBILITY OF THE APPLICANT

THANK YOU

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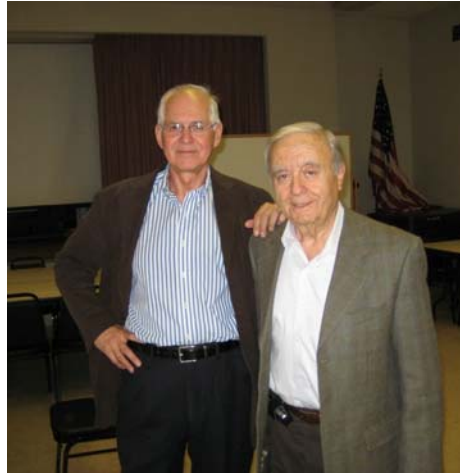
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NONE



AHEPA Chapter #99 Harry A. Fanos Chapter Stamford, CT

Stamford AHEPA Chapter 99 sponsored a lecture by Dr. Tassos Belessiotis at the community hall of the Church of



the Archangels on November 13. Dr. Belessiotis is currently a Fellow and Lecturer at the European Union Studies Program at the McMillan Center, Yale University. His permanent position is Economic Advisor at the Bureau of European Policy Advisors in Brussels, Belgium. The subject of his speech was "Greece's Debt Crisis". A very stimulating speaker updated the audience on the economic developments in Greece vs. the political and financial developments in Brussels. His predictions were that Greece will stay in the European Union, will be bailed out, and will be in financial turmoil till at least 2014. Repayment deadlines for Greece could be extended. Questions by the audience followed his speech.



District Governor Emmanuel Moshovos presents State Representative Demetrious Giannaros of the Nathan Hale Chapter #58 the 2010 Co-AHEPAN of the Year Award.

In Memoriam

Richard J. Abele, 73, retired Police Chief of Norwich, CT and a 25-year member of the AHEPA Rose of New England Norwich, CT Chapter #110 passed away on Saturday, October 23, 2010. Chief Abele also served on the City Council of Norwich.

Past District Governor, **Thomas L. Nicholau**, 72, of Ormond Beach, FL and formerly of New London, CT passed away on September 22, 2010. He was a member of the Winthrop Chapter #250 before transferring to the Daytona Beach Chapter upon his retirement to Florida.

May their Memory be Eternal



SAVE THE DATE!

**AHEPA
Supreme
Convention
July 18-24, 2011
Miami
Fountainebleau
Hotel**

Miami Beach, FL

Did you know

The official website of Yankee District #7 is www.ahepad7.org. You can find a variety of forms, dates of events, copies of previous newsletters at this website. The national website is www.ahepa.org

NATIONAL NEWS

Subscribe to the AHEPA National Weekly Newsletter email called "This Week for Greeks" go to www.ahepa.org

Order of AHEPA
Yankee District News
c/o John Grossomanides
8 Mohegan Trail
Westerly, RI 02891

Northeast Regional AHEPA Banquet in New Haven, CT

**AHEPA District #7
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Please visit us on our website:
www.ahepad7.org

Email news to:
yankeenews@ahepad7.org

Next Yankee News

Deadline is:

February 1, 2011

